

Best choice "Great to eat"	Paua (farmed)		
Good choice "Good to eat"	Green-lipped mussel (farmed)	Good choice "Good to eat"	Salmon (farmed, freshwater Canterbury)
Good choice "Good to eat"	Cockle	Good choice "Good to eat"	Pilchard
Good choice "Good to eat"	Albacore tuna (troll)	Good choice "Good to eat"	Pacific oyster (farmed, SI)
Good choice "Good to eat"	Rock lobster (Gisborne to Kaikoura)	Good choice "Good to eat"	Skipjack tuna
OK choice "Ok to eat"	Arrow squid (jig)	OK choice "Ok to eat"	Kahawai
OK choice "Ok to eat"	Pacific oyster (farmed, NI)	OK choice "Ok to eat"	Albacore tuna (longline)
OK choice "Ok to eat"	Yellow-eyed mullet	OK choice "Ok to eat"	Blue mackerel (purse seine, Cape Reinga to East Cape)
OK choice "Ok to eat"	Rock lobster (top of NI, Southland and Chatham)	OK choice "Ok to eat"	Sprats
OK choice "Ok to eat"	Garfish	OK choice "Ok to eat"	Grey mullet (NI east and south coast)
OK choice "Ok to eat"	Anchovy	OK choice "Ok to eat"	Salmon (farmed, marine Canterbury)
OK choice "Ok to eat"	Trevally (purse seine, Cape Reinga to East Cape)	OK choice "Ok to eat"	Paua (lower SI)
OK choice "Ok to eat"	Kingfish (set net)	OK choice "Ok to eat"	Kina (diving)
OK choice "Ok to eat"	Blue cod (pots, east and south of SI)	OK choice "Ok to eat"	Paddle crabs (baited pots)
OK choice "Ok to eat"	Ling (longline)	OK choice "Ok to eat"	Flatfish (dragnet NI east & west coast)

Ok but some concerns choice "Eat less of"	Antarctic toothfish	Ok but some concerns choice "Eat less of"	Salmon (farmed, marine, all areas except Canterbury)
Ok but some concerns choice "Eat less of"	Butterfish	Ok but some concerns choice "Eat less of"	Paua (all areas except lower SI)
Ok but some concerns choice "Eat less of"	Blue moki (set net)	Ok but some concerns choice "Eat less of"	Red gurnard (longline top half NI)
Ok but some concerns choice "Eat less of"	Red gurnard (longline top half NI)	Ok but some concerns choice "Eat less of"	Grey mullet (west coast of NI)
Ok but some concerns choice "Eat less of"	Packhorse lobster	Ok but some concerns choice "Eat less of"	Terakihi (West Coast and top of SI)
Ok but some concerns choice "Eat less of"	Scallops (top of NI and east coast south to Tauranga)	Ok but some concerns choice "Eat less of"	Hoki (mid-water trawl)
Ok but some concerns choice "Eat less of"	John dory (SI)	Ok but some concerns choice "Eat less of"	Moonfish
Worst choice "Don't eat"	Hoki (bottom trawl)	Worst choice "Don't eat"	Swordfish
Worst choice "Don't eat"	Oyster (lower SI)	Worst choice "Don't eat"	Surf clams
Worst choice "Don't eat"	Kina (dredge)	Worst choice "Don't eat"	Ling (bottom trawl)
Worst choice "Don't eat"	Scallops (West Coast and top of SI)	Worst choice "Don't eat"	Tarakihi (all areas excl. West Coast and top of SI)
Worst choice "Don't eat"	Red snapper (longline)	Worst choice "Don't eat"	Yellowfin tuna
Worst choice "Don't eat"	Alfonsino (mid-water trawl)	Worst choice "Don't eat"	Mako shark
Worst choice "Don't eat"	Leather jacket	Worst choice "Don't eat"	Paddle crabs (West Coast and top of SI)

Worst choice "Don't eat"	Blue moki (trawl)	Worst choice "Don't eat"	Red gurnard (trawl)
Worst choice "Don't eat"	Queen scallops	Worst choice "Don't eat"	Hake
Worst choice "Don't eat"	Rays bream	Worst choice "Don't eat"	Trumpeter
Worst choice "Don't eat"	Arrow squid (trawl)	Worst choice "Don't eat"	Sea perch (longline)
Worst choice "Don't eat"	Alfonsino (bottom trawl)	Worst choice "Don't eat"	Southern blue whiting
Worst choice "Don't eat"	Bigeye tuna	Worst choice "Don't eat"	Southern bluefin tuna
Worst choice "Don't eat"	Elephantfish (set net)	Worst choice "Don't eat"	Whitebait
Worst choice "Don't eat"	Ribald (longline)	Worst choice "Don't eat"	Pacific bluefin tuna
Worst choice "Don't eat"	Red cod	Worst choice "Don't eat"	School shark
Worst choice "Don't eat"	Frostfish	Worst choice "Don't eat"	Oyster (West Coast and top of SI)
Worst choice "Don't eat"	Stargazer	Worst choice "Don't eat"	Blue cod (trawl)
Worst choice "Don't eat"	Blue shark	Worst choice "Don't eat"	Trevally (trawl)
Worst choice "Don't eat"	Blue warehou	Worst choice "Don't eat"	Flatfish – all other species
Worst choice "Don't eat"	Patagonian toothfish	Worst choice "Don't eat"	Rig (set net)
Worst choice "Don't eat"	Elephantfish (trawl)	Worst choice "Don't eat"	Jack mackerel (trawl)

Worst choice "Don't eat"	Blue mackerel (trawl)	Worst choice "Don't eat"	Silver warehou
Worst choice "Don't eat"	Bluenose	Worst choice "Don't eat"	Snapper
Worst choice "Don't eat"	John dory (NI)	Worst choice "Don't eat"	White warehou
Worst choice "Don't eat"	Red snapper (trawl)	Worst choice "Don't eat"	Scampi
Worst choice "Don't eat"	Barracoota	Worst choice "Don't eat"	Porbeagle shark
Worst choice "Don't eat"	Rig (trawl)	Worst choice "Don't eat"	Flatfish – turbot and brill
Worst choice "Don't eat"	Lookdown dory	Worst choice "Don't eat"	Gemfish
Worst choice "Don't eat"	Dark ghost shark	Worst choice "Don't eat"	Groper
Worst choice "Don't eat"	Longfin eel	Worst choice "Don't eat"	Shortfin eel
Worst choice "Don't eat"	Orange roughy (Chatham Rise and Challenger stocks)	Worst choice "Don't eat"	Jack mackerel
Worst choice "Don't eat"	Spiny dogfish	Worst choice "Don't eat"	Ribaldo (trawl)
Worst choice "Don't eat"	Sea perch (trawl)	Worst choice "Don't eat"	Rubyfish
Worst choice "Don't eat"	Oreos	Worst choice "Don't eat"	Skates
Worst choice "Don't eat"	Pale ghost shark	Worst choice "Don't eat"	Orange roughy (exc. Chatham Rise and Challenger stocks)
Worst choice "Don't eat"	Black cardinal fish		